

Generate Group Genius services are leading-edge twenty-first-century offerings based on recent discoveries in relevant scientific fields. Chaos, change, complexity, and the need to respond to the unexpected are here to stay. The cost of stress has been estimated at over \$300 billion annually in the US workplace.

Directly related to the cause of stress are the 35,000 to 80,000 thoughts we have each day. It makes great sense that when we understand how our thinking works, we can maximize this potential rather than using it to stress us out.

This training, and the executive coaching that accompanies it, reveals how we are designed for success regardless of circumstances. These courses are not about learning and applying new techniques. They're about settling in to who we naturally are, using our innate capacities to maximize our potential. It's an energizing, enlivening discovery. And there is enormous benefit in doing this as a team, because we can support each other in becoming more creative and authentic.

I strongly encourage your organization to discover the natural power of human genius. We are here to guide you toward resilience and brilliant innovation.